

August 12, 2017 9:01 PM Mercury Stationary Retrograde 11 Virgo 28

September 5, 2017 7:30 AM Mercury Stationary Direct 28 Leo 25

Mercury Retrograde is a cycle when the planet Mercury appears to travel backward in the sky for three weeks. In astrology, Mercury stands for communication, writing, and speaking. Mercury is an archetype that represents our conscious habitual thought patterns. Symbolically, the planet connects us to the outside world via the spoken word, telephones, mobile devices, computer, cars, and short trips.

During the Mercury Retrograde cycle, our usual way of interpreting reality via conscious thinking takes a back seat, allowing our untapped potential to lead the way. This shift changes our perspective and decision-making process. Relying on our instincts and intuition rather than logical thinking is the test. When we choose to approach life through outworn coping mechanisms, our resistance to growth is challenged and we find ourselves with car and computer problems as well as delays. No punishment here, but an irritating reminder to realign to an untapped potential that is now destined to be born.

The key phrases for the Mercury Retrograde cycle are regroup, re-edit, rethink, and reconsider. During this cycle, we are not able to perceive all the information of a situation with our ego in backward momentum. The delays experienced at this time are a blessing. So, it is best to stop and reflect, understanding that mishaps are events the Universe ordered for our Highest growth.

Mercury is retrograding through the signs of Virgo and Leo and each sign has a particular theme that is highlighted.

Virgo is an efficient technical, practical sign which includes the smooth running of any operation as well as work, skill set, and health. Presently, we will be asked to revisit and review how we systematize our work life and/or if work enables you to utilize your skill set. Since the physical body is a system also, is your present health regime serving you? Remember, the devil is in the details, so pay attention to the body's message.

Lastly when Mercury travels backward in the Solar ruled sign of Leo on August 30, the questions to ask yourself are: Are you shining your light in a uniquely destined way? Or, are you dimming your brightness to gain the approval of others? The retrograde Mercury in Leo will no longer be content sitting on the sidelines, and the frustration of not being seen will ask you to re-evaluate your ability to be visible and radiate your spirit. Remember, the Sun is a star! On August 26, when Mercury reaches the midpoint of its cycle, answers to these questions will begin to be revealed. Mercury Retrograde is a time to reflect, but most importantly, don't forget to laugh.

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