



This Thursday, we will be celebrating Thanksgiving. Let's really explore what it means to be "thankful." The following text is from an anonymous author.

# *Be Thankful*

Be thankful that you don't already have everything you desire,  
If you did, what would there be to look forward to?

Be thankful when you don't know something  
For it gives you the opportunity to learn.

Be thankful for the difficult times.  
During those times you grow.

Be thankful for your limitations  
Because they give you opportunities for improvement.

Be thankful for each new challenge  
Because it will build your strength and character.

Be thankful for your mistakes.  
They will teach you valuable lessons.

Be thankful when you're tired and weary  
Because it means you've made a difference.

It is easy to be thankful for the good things.  
A life of rich fulfillment comes to those who are also thankful for the setbacks.

Gratitude can turn a negative into a positive.  
Find a way to be thankful for your troubles and they can become your blessings.

***We wish you and your loved ones a very Happy Thanksgiving.***

*~with love and blessings to all, from the Summerland Church of Light Board of Trustees:*

*Frank Kotowski, Jr., Jodie Kiss, Bob Kiss, Valerie Miller, Janet Johnson, T. Vitanza-Salgine, M'Lis D'Angelo, & Debbie Losee*

